

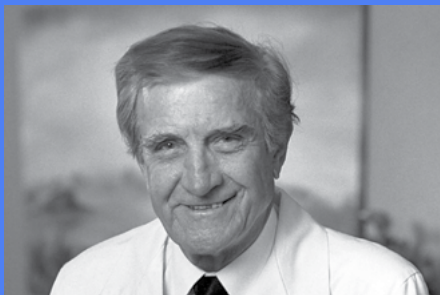
# 2025 HOEPER PRIMARY CARE SYMPOSIUM

8 A.M. TO 4:30 P.M.  
SEPTEMBER 26, 2025  
SHERATON OVERLAND  
PARK HOTEL



JOINTLY SPONSORED BY





*Dr. Sam Hoeper, Jr. describes his father as a humanitarian. He committed himself to education and had a desire to help people. Dr. Hoeper, Jr. carries on his father's legacy in medicine and also helps to organize this annual symposium.*

## **DR. SAM HOEPER, SR.**

Dr. Sam Hoeper, Sr. practiced medicine at Research Medical Center for 47 years, but before his career as a doctor began he was a teacher, principal, and coach. As a man who valued education, he was dedicated to providing others opportunities to learn. Dr. Hoeper, Sr. passed away in August 2008. He established the Hoeper Bixby Fund through The Research Foundation to provide support to host medical symposiums and conferences for the benefit of the local medical community – and the thousands of patients served by healthcare professionals.



# SCAN THE CODE TO REGISTER

[theresearchfoundationkc.org/symposiums](http://theresearchfoundationkc.org/symposiums) | 816-276-4955

## PROGRAM OVERVIEW

The symposium has been planned and designed to provide primary members of the healthcare team with the tools and knowledge they need to identify and treat various conditions of their patients.

## PROGRAM AGENDA

- |            |  |
|------------|--|
| 7:30 a.m.  | Registration and Continental Breakfast   |
| 7:55 a.m.  | Sam D. Hoeper, Jr., MD<br><b>Welcome and Introduction</b>  |
| 8:00 a.m.  | Francis Dailey, MD<br><b>Upper and Lower GI Bleeding: Etiology, Diagnosis, and Treatment</b>   |
| 9:00 a.m.  | Rob Golder, MD<br><b>Hypertension Treatment and the New Guidelines</b>   |
| 10:00 a.m. | Break  |
| 10:15 a.m. | Philip Khoury, MD<br><b>Outpatient Treatment of Anxiety and Depression</b>   |
| 11:15 a.m. | Joel McKinsey, MD, FIDSA<br><b>Vaccination Recommendations for Geriatric Patients</b>  |
| 12:15 p.m. | Lunch  |
| 1:00 p.m.  | Christian Hettinger, MD<br><b>Prostate Cancer and BPH: Updates in Screening and Treatment</b>  |
| 2:00 p.m.  | Thomas Hocker, MD<br><b>Mohs Surgery: History, Value, and Referral in Skin Cancer Care</b><br><i>Sponsored by The Martin L. Crow Lectureship for Surgery</i> |
| 3:00 p.m.  | Break  |
| 3:15 p.m.  | Susheel Govindan, MD<br><b>Pain Management in Primary Care</b>   |
| 4:15 p.m.  | Summary and Evaluation   |
| 4:30 p.m.  | Adjournment  |

## TARGET AUDIENCE

The target audience includes Primary Care providers (Family Physicians and Internists), Advance Practice Nurses, Nurses in Acute and Ambulatory Care Settings and Allied Health Professionals.



## FACULTY



**Francis  
Dailey, MD**  
Premier  
Gastroenterology  
of Kansas City



**Thomas  
Hocker, MD**  
Advanced  
Dermatologic Surgery



**Rob  
Golder, MD**  
Midwest  
Nephrology Consultants



**Philip  
Khoury, MD**  
Research  
Psychiatric Center



**Susheel  
Govindan, MD**  
University of Kansas  
Medical Center



**Joel  
McKinsey, MD,  
FIDSA**  
Metro Infectious  
Disease Consultants



**Christian  
Hettinger, MD**  
Kansas City  
Urology Care



# PLANNING COMMITTEE

Angie Case, RN, MBA, NE-BC  
**HCA Midwest Health**

Sam D. Hoeper, Jr., MD

Cynthia A. Randazzo  
**The Research Foundation**

Anne K. Sly, MD

Ruth Smerchek, MNM  
**Kansas City Southwest Clinical Society**

## EDUCATIONAL OBJECTIVES

**At the conclusion of this activity, attendees should be able to:**

- Identify common causes of upper and lower gastrointestinal (GI) bleeding in various patient populations.
- Describe key diagnostic tools and treatment options for managing upper and lower GI bleeding.
- State new hypertension guidelines and changes in recommended therapy.
- Describe the workup and implement treatment of hypertension in the primary care setting.
- Diagnose depression and anxiety in an outpatient primary care setting.
- Comfortably use common antidepressants and anxiolytics in outpatient management of depression and anxiety.
- Efficiently refer complex or poorly responsive patients to a psychiatrist and/or psychotherapist.
- Explain recent updates in prostate cancer screening, including changes to PSA guidelines.
- Describe new and emerging treatment options for prostate cancer.
- Discuss the role of vaccines in extending life expectancy and improving health in older adults.
- Address common patient concerns and provide updates on adult vaccines, including shingles and HPV.
- Discuss the value, evolution, and history of Mohs surgery in the treatment of skin cancer.
- Know when to refer patients for Mohs surgery based on clinical signs of skin cancer.
- Classify types of pain through patient history to guide targeted treatment.
- Apply non-opioid strategies for effective and evolving pain management.



# DISCLOSURE OF FACULTY & PROVIDER RELATIONSHIPS

All faculty and planning committee members participating in this course are required to disclose to participants any relationship, including financial interest or affiliation with a commercial company. Full disclosure of faculty & planning committee relationships will be made available to participants in conference materials.

# ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with accreditation requirements and policies of the Missouri State Medical Association through the joint providership of Kansas City Southwest Clinical Society and The Ed Bixby Institute for Postgraduate Medical Education at Research Medical Center, and The Research Foundation. Kansas City Southwest Clinical Society is accredited by the Missouri State Medical Association to provide continuing medical education to physicians.

# CME CREDIT STATEMENT

The Kansas City Southwest Clinical Society is accredited by the Oklahoma State Medical Association to provide continuing medical education for physicians. The Kansas City Southwest Clinical Society designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

# CNE CREDIT STATEMENT

HCA MidAmerica Clinical Education is approved as a provider of continuing education in nursing by the Kansas State Board of Nursing. This course offering is approved for 8.4 contact hours for RN, LPN, or LMHT re-licensure. Kansas State Provider No. LT0312-1221. The course planners and presenters certify that they have no affiliations with, or involvement in, any organization or entity with any financial interest in the subject matter or materials discussed in this presentation.

# ADA ACCOMMODATION

Kansas City Southwest Clinical Society, The Ed Bixby Institute for Postgraduate Medical Education at Research Medical Center and The Research Foundation comply with the Americans with Disabilities Act and will make reasonable accommodation. Registrants with disabilities requiring accommodation should advise The Research Foundation in advance of the seminar so we can address your needs.

# ACKNOWLEDGEMENTS

The Research Foundation would like to also acknowledge the JB Reynolds Foundation and the Research Medical Center Medical Staff for providing educational grant support.

# 2025 HOEPER PRIMARY CARE SYMPOSIUM

Name \_\_\_\_\_

Degree/Certificate \_\_\_\_\_ Specialty/Profession \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Hospital/Facility \_\_\_\_\_

Phone Number \_\_\_\_\_

Email \_\_\_\_\_

- ☐ I need a vegetarian lunch.  
☐ I need a gluten-free lunch.

Go to [theresearchfoundationkc.org/symposiums](http://theresearchfoundationkc.org/symposiums) to pay online or make checks payable to The Research Foundation and mail completed registration form with payment to 2316 E. Meyer Blvd. Kansas City, MO 64132.

## Registration Fees:

- ☐ \$100 – Physicians (*increases to \$120 Sept. 22*)  
☐ \$90 – Research Medical Center Physicians and Retired Physicians (*increases to \$110 Sept. 22*)  
☐ \$85 – Nurses, Residents, and Allied Health Professionals (*increases to \$105 Sept. 22*)

**Please charge my:** ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express Card  
Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

For questions, contact The Research Foundation at 816-276-4218 or [info@theresearchfoundationkc.org](mailto:info@theresearchfoundationkc.org).

## REGISTRATION INFORMATION

*The seminar is open to physicians and other health professionals. Advance registration and payment are required to confirm your reservation. Registration is limited to seating capacity. Registration ends on September 24 at 4 p.m. Replacements/substitutes will be accepted with advance notice to The Research Foundation. On-site substitutes must have the original registrant's confirmation slip with them for admittance. Please use the registration form to register in advance. Please make checks payable to The Research Foundation, 2316 E. Meyer Blvd., Kansas City, MO 64132. There will be a \$25 processing fee for those requesting a refund. No cancellations with refunds allowed after September 5. You may also go to [www.theresearchfoundationkc.org](http://www.theresearchfoundationkc.org) to pay online. For more information, please call The Research Foundation at 816-276-4218.*

*For the convenience of those attending, lunch and breaks are provided at no additional cost. As the temperature in the room may vary, it is advisable to bring a jacket to ensure your comfort during the sessions.*



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Kansas City, MO 64132

*Address Correction Requested*

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