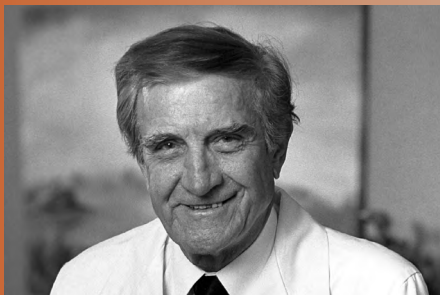


2026 HOEPER PRIMARY CARE SYMPOSIUM

8 a.m. to 4:30 p.m.
September 18, 2026
Sheraton Overland Park Hotel

Jointly Sponsored By





Dr. Sam Hoeper, Jr. describes his father as a humanitarian. He committed himself to education and had a desire to help people. Dr. Hoeper, Jr. carries on his father's legacy in medicine and also helps to organize this annual symposium.

DR. SAM HOEPER, SR.

Dr. Sam Hoeper, Sr. practiced medicine at Research Medical Center for 47 years, but before his career as a doctor began he was a teacher, principal, and coach. As a man who valued education, he was dedicated to providing others opportunities to learn. Dr. Hoeper, Sr. passed away in August 2008. He established the Hoeper Bixby Fund through The Research Foundation to provide support to host medical symposiums and conferences for the benefit of the local medical community – and the thousands of patients served by healthcare professionals.



Scan the code to register.

theresearchfoundationkc.org/symposiums
816-276-4218

PROGRAM OVERVIEW

The symposium has been planned and designed to provide primary members of the healthcare team with the tools and knowledge they need to identify and treat various conditions of their patients.

PROGRAM AGENDA

- 7:15 a.m. Registration and Continental Breakfast
- 7:55 a.m. Sam D. Hoeper, Jr., MD
Welcome and Introduction
- 8:00 a.m. David McKinsey, MD
Avian Influenza: Current Status and Pandemic Potential
- 9:00 a.m. Brandon Barnds, MD
Joint Efforts: Navigating Common Shoulder, Elbow, Hip, and Knee Issues in Primary Care
- 10:00 a.m. Break
- 10:15 a.m. Brian Friedman, MD
Coronary Artery Disease
- 11:15 a.m. Shadi Hamdeh, MD
IBD or IBS? Clinical Pearls for the Primary Care Setting
- 12:15 p.m. Buffet Lunch
- 1:00 p.m. Rob Golder, MD
AI in Primary Care
- 2:00 p.m. Megan Garcia, MD, FACS, DABS
Initial Care of Burns and Referral Guidelines
- 3:00 p.m. Break
- 3:15 p.m. Atul Patel, MD
Outpatient Physical Medicine for Neuro Muscular Disorders
- 4:15 p.m. Summary and Evaluation
- 4:30 p.m. Adjournment

TARGET AUDIENCE

The target audience includes Primary Care providers (Family Physicians and Internists), Advance Practice Nurses, Nurses in Acute and Ambulatory Care Settings and Allied Health Professionals.



FACULTY



Brandon Barnds, MD
Kansas City
Bone & Joint



Brian Friedman, MD
Midwest Heart
& Vascular
Specialists



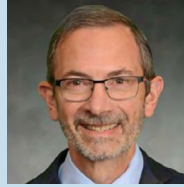
Megan Garcia, MD
Extant
Healthcare



Rob Golder, MD
Midwest
Nephrology
Consultants



Shadi Hamdeh, MD
University of
Kansas Health
System



David McKinsey, MD
Metro Infectious
Disease
Consultants



Atul Patel, MD
Kansas City
Bone & Joint

PLANNING COMMITTEE

Sam D. Hoeper, Jr., MD

Anne K. Sly, MD

Cynthia A. Randazzo
The Research Foundation

Angie Case, RN, MBA, NE-BC
HCA Midwest Health

Ruth Smerchek, MNM
Kansas City Southwest Clinical Society



EDUCATIONAL OBJECTIVES

At the conclusion of this activity, attendees should be able to:

- Identify common causes of shoulder, elbow, knee, and hip pain encountered in primary care settings.
- Apply appropriate orthopedic evaluation techniques to assess musculoskeletal pain and guide treatment or referral decisions.
- Identify key risk factors and assessment methods used to evaluate coronary artery disease risk.
- Discuss evidence-based prevention strategies for reducing the risk of coronary artery disease.
- Discuss the clinical presentation of H5N1 influenza and risk factors for infection.
- Describe the approach to diagnosis and management of patients with exposure to H5N1 influenza.
- Describe the fundamental principles of how artificial intelligence (AI) functions.
- Review effective use-cases for AI for the primary care provider.
- Identify differences between 1st, 2nd, and 3rd degree burns.
- Identify treatment options for different types of burn injuries.
- Discuss the use of EMG, ultrasound, and other outpatient physical medicine approaches in the evaluation and treatment of neuromuscular and musculoskeletal disorders.
- Identify treatment strategies for chronic neurological conditions, spasticity, movement disorders, and other rehabilitative interventions including platelet-enriched infusions.
- Differentiate inflammatory bowel disease (IBD) from irritable bowel syndrome (IBS) by recognizing key clinical features, alarm symptoms, and diagnostic tests.
- Apply an evidence-based approach to the initial evaluation and timely referral of patients with suspected IBD to facilitate earlier diagnosis and improve patient outcomes.

DISCLOSURE OF FACULTY & PROVIDER RELATIONSHIPS

All faculty and planning committee members participating in this course are required to disclose to participants any relationship, including financial interest or affiliation with a commercial company. Full disclosure of faculty & planning committee relationships will be made available to participants in conference materials.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with accreditation requirements and policies of the Oklahoma State Medical Association through the joint providership of Kansas City Southwest Clinical Society and The Ed Bixby Institute for Postgraduate Medical Education at Research Medical Center, and The Oklahoma Foundation. Kansas City Southwest Clinical Society is accredited by the Missouri State Medical Association to provide continuing medical education to physicians.

CME CREDIT STATEMENT

The Kansas City Southwest Clinical Society designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

CNE CREDIT STATEMENT

HCA MidAmerica Clinical Education is approved as a provider of continuing education in nursing by the Kansas State Board of Nursing. This course offering is approved for 8.4 contact hours for RN, LPN, or LMHT re-licensure. Kansas State Provider No. LT0312-1221. The course planners and presenters certify that they have no affiliations with, or involvement in, any organization or entity with any financial interest in the subject matter or materials discussed in this presentation.

ADA ACCOMMODATION

Kansas City Southwest Clinical Society, The Ed Bixby Institute for Postgraduate Medical Education at Research Medical Center and The Research Foundation comply with the Americans with Disabilities Act and will make reasonable accommodation. Registrants with disabilities requiring accommodation should advise The Research Foundation in advance of the seminar so we can address your needs.

ACKNOWLEDGEMENTS

The Research Foundation would like to also acknowledge the JB Reynolds Foundation and the Research Medical Center Medical Staff for providing educational grant support.

2026 HOEPER PRIMARY CARE SYMPOSIUM

Name _____

Degree/Certificate _____ Specialty/Profession _____

Address _____

City _____ State _____ Zip _____

Hospital/Facility _____

Phone Number _____

Email _____

- I need a vegetarian lunch.
- I need a gluten-free lunch.

Go to theresearchfoundationkc.org/symposiums to pay online or make checks payable to The Research Foundation and mail completed registration form with payment to 2316 E. Meyer Blvd. Kansas City, MO 64132.

Registration Fees:

- \$105 – Physicians
- \$100 – Research Medical Center Physicians and Retired Physicians
- \$95 – Nurses, Residents, and Allied Health Professionals

Please charge my: Visa MasterCard Discover American Express

Card Number _____

Expiration Date _____ Security Code _____

Signature _____

For questions, contact The Research Foundation at 816-276-4218 or info@theresearchfoundationkc.org.

REGISTRATION INFORMATION

The seminar is open to physicians and other health professionals. Advance registration and payment are required to confirm your reservation. Registration is limited to seating capacity. Registration ends on September 15 at 4 p.m. Replacements/substitutes will be accepted with advance notice to The Research Foundation. On-site substitutes must have the original registrant's confirmation slip with them for admittance. Please use the registration form to register in advance. Please make checks payable to The Research Foundation, 2316 E. Meyer Blvd., Kansas City, MO 64132. There will be a \$25 processing fee for those requesting a refund. No cancellations with refunds allowed after August 28. You may also go to theresearchfoundationkc.org to pay online. For more information, please call The Research Foundation at 816-276-4218.

For the convenience of those attending, lunch and breaks are provided at no additional cost. As the temperature in the room may vary, it is advisable to bring a jacket to ensure your comfort during the sessions.



2316 E. Meyer Blvd.
Kansas City, MO 64132

Address Correction Requested

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